

...a3crg Circuit Time Trial League 2023

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

Glorious Goodwood Circuit Races ~ Course P917/10

Wednesday 9th August ~ from 19:00hrs ~ 10-mile TT's

@ Goodwood Motor Racing Circuit ~ Chichester PO18 0PH

Timekeeping Crew: Trevor Beauchamp, Maria Golden, Nigel Sign,
William Emons, David Shepherd

Start Line Stewards: Gareth Peters (Speaker) Peter Pickers,
Sarah Matthews (**World Champion 2023**)

Motorcycle Marshals: Steve Humphrey, Colin Enticknap

Signing-On & Reception: **World Champion 2023** Angela Carpenter

Photography by: David Clifford

There are "Provisional Results" available on-line during the event via:
<https://resultsheet.co.uk>

Event Secretary: Officially David Collard-Berry, 59 Midhurst Road Fernhurst Haslemere
GU27 3EN but Managed by the members of ...a3crg crew

Tel. : 01428 651843 ~ mobile : 07770 885428 ~ email dcb@a3crg.co.uk

Gates will open (for us) at 17:45 ~ Please don't arrive early as another event maybe taking place.

There will be time between 18:30 & 18:55 to warm up on the track (no riders going to warm -up on the track after 18:50). No unauthorised riders on the track. If you are "coaching a rider", please register at Reception (Jackie Stewart Suite) & wear Yellow Hi-Viz.

Bring your own Pen, you need this to write down your race number on one hand so you don't forget it, also useful to write on your other hand how many laps you are doing CTT Regs, even though it is a circuit you are still required to have working front & rear lights fixed to your bike & switched on during your event, spares at Signing-On at the "Jackie Stewart Suite".

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that WORKING FRONT & REAR LIGHTS, either flashing or constant, are fitted to the machine in a position visible to following road users and are active while the machine is in use at all times.

Procedure for the Event:

- ✓ *If you are not feeling well or you have left your wallet at home, please do not attend.*
- ✓ *If you have road race pockets for your number, please use the left-hand pocket to aid the finish timekeepers.*
- ✓ *Do not walk across the airfield, it is an active aerodrome, it could get rather messy.*
- ✓ *Look where you are going even during warming-up, keep your head up,*
- ✓ *If caught, ease back; do not take pace on the wheel of the rider who caught you.*

- ✓ *If passing a rider, please make sure the effort is enough to pass completely.*
- ✓ **Last Lap**, stay on the Left inside the black Cones on the Finish Section, and please shout your number out as you finish.

Course Length 10 miles (4 & bit Laps) except for Event 2 (7.6 miles) (3 & a bit laps)

The Start is at Pit Number 15. After leaving the Pit Lane proceed with care onto the circuit keeping to the right hand side, bear right following the circuit. After passing a “Radio Mast” on your right hand side you will pass the finishing area, you are now starting your first lap. Keep going right, then right, then a little wiggle at St Mary's, then bear right ready to go down the Lavant Straight (Big Gear). At Woodcote there are two rights then a left & you are now on the (Circuit) “Pit Straight”, make sure you are in the middle of the circuit.

After bearing right, you are approaching the finish area, you have completed your first lap. You are now starting your second lap, after completing your second lap at this point, you will of course be starting your third lap.

After completing your third lap you are starting your fourth & final full lap. When you come onto the (Circuit) “Pit Straight” this fourth time bear in mind you need to keep to the left, so that you are in-line to go through the coned finish lane **to finish** (10 miles). **ON THE LAST LAP DO NOT CUT ACROSS THE CIRCUIT AT THE END OF THE STRAIGHT AT THE FIRST BEND (INSIDE TO OUTSIDE).**

All Ten Mile times set during this Open Event (unlike club event times) are “Official” & can be used for updating any PB’s, used for qualifying for National Championships, Veteran Standards, Age Group Records & the “**NEW**” **BBAR conditions for both Men & Women.**

If you do not finish, please let us know, do not wander off home in a sulk & please put your number in the bin provided and don’t forget to sign out.

This is a 30 second Start Time Event, check your start time, late starts may not be an option.

Event 1: ~ “Any Bike”, Youth 13 yrs. - 15yrs ~ 4 & bit Laps = 10-miles

Event Records (Male) Oliver Gill 00:21:05 ~ (Femme) Grace Upshall 00:25:30

Num	Rider	Squadra/Team/Club	Cat	Mach	T2B	Départ
2	Stanley Wilkes	Chichester Triathlon Club	Youth-14	RB		19:01:00
3	Rhys Baker	Chichester Triathlon Club	Youth-14	RB		19:01:30
4	Isaac Hodgson	Chichester Triathlon Club	Youth-14	RB		19:02:00
5	Louie Arnold	Chichester Triathlon Club	Youth-15	RB		19:02:30
6	Rufus King	Poole Wheelers Cycling Club	Youth-15	TT		19:03:00

Event 2: ~ Youths Road Bikes 10yrs - 14yrs ~ 3 & bit Laps = 7.60 miles

Event Record (Male) Lucas Lovell 00:20:31

Num	Rider	Squadra/Team/Club	Cat/Grp	Mach	T2B	Départ
7	Amy Clarke	Surrey Cycle Racing League	Youth-12	RB		19:03:30

Event 3: Men’s Road Bikes, 4 & bit Laps = 10-miles

Road Bike Record Cris Coxon 00:20:30

National Road Bike Regs: No Aero Bars & No Disc Wheel, (Max wheel Depth 90mm)

Num	Rider	Squadra/Team/Club	Cat	T2B	Départ
8	Laurence Brown	Chichester City Riders	SEN-36		19:04:00
9	Ryan Smart	3C Cycle Club	SEN-28		19:04:30

10	Mark Barber	Alton Cycling Club	M-A		19:05:00
11	Guy Hines-Dedman	...a3crg	SEN-35		19:05:30
12	Jules Anderson	Hampshire Road Club	M-D		19:06:00
13	Angus Fileman	Fareham Wheelers CC	M-E		19:06:30
14	Geoff Smailes	Hampshire Road Club	M-D		19:07:00
15	Karl Corpez	Charlotteville Cycling Club	M-D		19:07:30
16	Nigel Hughes	Fareham Wheelers CC	M-F		19:08:00
17	Phil McNamara	Full Gas Racing Team	M-D		19:08:30
18	Jeremy Tucker	Fareham Wheelers CC	M-D		19:09:00
19	Mike Garner	...a3crg	M-F		19:09:30
20	Pete Masson	Hart Evolution Race Team	M-B		19:10:00
21	Robin Kamiya	Farnborough & Camberley CC	M-C		19:10:30
22	David Robbins	Petersfield Triathlon Club	M-E		19:11:00
23	Keith Hardy	Woking Cycling Club	M-D		19:11:30
24	Neil Crofts	...a3crg	M-D		19:12:00
25	Graham Winstanley	Sussex Revolution Velo Club	M-B		19:12:30
26	Simon Gregory	...a3crg	SEN-37		19:13:00
27	Charles Orchard	Wightlink Wight Mountain RT	SEN-29		19:13:30
28	Malcolm Cox	Velo Club St Raphael	M-D		19:14:00
29	Finn Sleight	Hart Evolution Race Team	SEN-26		19:14:30
30	Mark Shepherd	Stafford RC	M-C		19:15:00
31	James Bullen	trainSharp	SEN-34		19:15:30
32	Will Du Sautoy	Woking Cycling Club	Jun-17		19:16:00
33	Mark Allen	Dulwich Paragon CC	H4		19:16:30
34	Ben Whitney	B.I.O. Squirrels	H4		19:17:00
35	Sam Doble	Woking Cycling Club	H3		19:17:30
82	Rob Derrick	Laka x Pedal Mafia Race Team	M-A		19:41:00

Event 4: Femmes Road, 4 & bit Laps = 10-miles

Womens Road Bike Record: Emily Proud 00:23:50

Num	Rider	Squadra/Team/Club	Cat	T2B	Départ
36	Linda Robbins	Petersfield Triathlon Club	W-F		19:18:00
37	Georgina Shannon	Velo Club Venta	W-C		19:18:30
38	Philippa Draper	Loughborough Lightning / TRG	Esp-19		19:19:00
39	Emily Warner	3C Cycle Club	W-A		19:19:30
40	Denise Stuart	GS Mossa	W-C		19:20:00
41	Deborah Smith	Southdown Velo	W-B		19:20:30
42	Jenna Borrill	GS Mossa	SEN-36		19:21:00
43	Ruth Whiddett	Woking Cycling Club	W-C		19:21:30

Event 5: Femmes TT Bike Champs ~ 4 & bit Laps = 10-miles

Femmes Course & Event Record, Isabel Sharp 00:20:58

Num	Rider	Squadra/Team/Club	Cat/Grp	T2B	Départ
44	Belinda Chapman	Hastings & St. Leonards CC	W-C		19:22:00
45	Kendra Hall	Farnborough & Camberley CC	W-C		19:22:30

46	Christina Dove	...a3crg	W-D		19:23:00
47	Ruth Jones	Farnborough & Camberley CC	W-A		19:23:30
48	Sheena Keates	GS Mossa	W-B		19:24:00
49	Kym Harvey	Fareham Wheelers CC	W-D		19:24:30
50	Rebecca Fellows	Tri Training Harder	SEN-31		19:25:00
51	Kate Stillwell	Petersfield Triathlon Club	SEN-31		19:25:30
52	Virginia McGee	...a3crg	W-E		19:26:00
53	Alex Morrice	Canyon/Sram Racing	SEN-23		19:26:30
54	Claire Emons	...a3crg	W-C		19:27:00

Event 6: Heritage Bikes ~ 4 & bit Laps = 10-miles

Course & Event Record: Sam Clark 00:18:48 ~ Jun Event Record: Jamie Whitcher, 00:19:21

Num	Rider	Squadra/Team/Club	Cat/Grp	T2B	Départ
55	Alan Tilbury	Brighton Mitre CC	M-F		19:27:30
56	Robert Gilmour	Hounslow & District Whs	M-G		19:28:00

Event 7: Men's TT Bikes ~ 4 & bit Laps = 10-miles

Course & Event Record: Sam Clark 00:18:48 ~ Jun Event Record: Jamie Whitcher, 00:19:21

Num	Rider	Squadra/Team/Club	Cat/Grp	T2B	Départ
57	Jonathan Lacey	Southdown Velo	M-B		19:28:30
58	Nicholas Foulcher	Precision Race Team	SEN-32		19:29:00
59	Martin Whitty	...a3crg	M-D		19:29:30
60	Joshua White	Fareham Wheelers CC	SEN-30		19:30:00
61	Martin Balk	3C Cycle Club	M-E		19:30:30
62	Stephen Casey	Farnham RC	M-B		19:31:00
63	Mark Wheeler	3C Cycle Club	M-E		19:31:30
64	Graham White	Fareham Wheelers CC	M-E		19:32:00
65	Keith Jarrett	GS Vecchi	M-E		19:32:30
66	David Donald	Fareham Wheelers CC	M-B		19:33:00
67	Robert Watson	Hampshire Road Club	M-E		19:33:30
68	David Sharp	Portsmouth Triathletes	M-E		19:34:00
69	Michael Valks	Lewes Wanderers CC	M-C		19:34:30
70	Robert Giles	VTTA (Kent)	M-H		19:35:00
71	Stuart Willis	Farnham RC	M-D		19:35:30
72	Adrian Haywood	Chichester Triathlon Club	SEN-		19:36:00
73	Paul Jones	Portsmouth North End CC	M-D		19:36:30
74	Marius Kwint	Velo Club Venta	M-D		19:37:00
75	Jon Dudley	Sotonia CC	M-E		19:37:30
76	Mike Boyce	...a3crg	M-F		19:38:00
77	Jeremy Hall	Farnborough & Camberley CC	M-D		19:38:30
78	Mike Cooper	Chichester Triathlon Club	M-D		19:39:00
79	Richard Watson	Chichester City Riders	SEN-27		19:39:30
80	Paul Atkinson	Velo Club St Raphael	M-C		19:40:00
81	Michael Stevens	Fareham Wheelers CC	M-E		19:40:30
83	Ian Sherin	3C Cycle Club	M-E		19:41:30

84	Richard Keevil	GS Stella	M-C		19:42:00
85	Callum Brownlie	Velo Club Venta	SEN-31		19:42:30
86	Kallie Hughes	Farnborough & Camberley CC	SEN-26		19:43:00
87	Mark Lisk	3C Cycle Club	M-C		19:43:30
88	Andrew Gall	Hart Evolution Race Team	SEN-38		19:44:00
89	Martin Brown	7Oaks Tri Club	M-E		19:44:30
90	Joshua Lahiri	Portsdown Hill CC	SEN-29		19:45:00
91	Graeme Stirzaker	...a3crg	M-D		19:45:30
92	Graeme Hutchison	Farnborough & Camberley CC	SEN-		19:46:00
93	Adam Coppard	Chichester City Riders	SEN-34		19:46:30
94	Shaun Smart	Southdown Velo	M-D		19:47:00
95	James Smee	Chichester City Riders	M-B		19:47:30
96	Jason Richardson	Dorking Cycling Club	SEN-28		19:48:00
97	Richard Bradley	3C Cycle Club	M-B		19:48:30
98	William Sawyer	Velo Club St Raphael	M-D		19:49:00
99	Darren Anderson	Fareham Wheelers CC	M-B		19:49:30
100	Bryce Dyer	Bournemouth Cycleworks -	M-B		19:50:00
101	Adam Dart	GS Mossa	Esp-22		19:50:30
102	Chris Lord	Brighton Excelsior CC	M-G		19:51:00
103	Adrian Talley	Velo Club St Raphael	M-C		19:51:30
104	Michael Renardson	trainSharp	Esp-21		19:52:00
105	Jon Hughes	VC Godalming & Haslemere	M-C		19:52:30
106	Peter Younghusband	Petersfield Triathlon Club	M-D		19:53:00
107	Nigel Pratt	Velo Club St Raphael	M-C		19:53:30
108	Bobby Buenfeld	Boost Bike Hub RC	Jun-16		19:54:00
109	Aaron Borrill	Farnborough & Camberley CC	M-A		19:54:30
110	Cris Coxon	Brighton Mitre CC	M-B		19:55:00
111	Andy Langdown	...a3crg	M-C		19:55:30
112	Larry Wiltshire	Chichester City Riders	M-C		19:56:00
113	Neil Mackley	...a3crg	M-E		19:56:30
114	Howard Bayley	Blazing Saddles	M-B		19:57:00
115	Joe Parker	Racing Club Ravenna	SEN-33		19:57:30

COURSE CONDITIONS & PROTOCOL

We will be calling riders to the start area in batches of ten, please listen out for your number & be ready to go to the start area, it is YOUR responsibility to be in the undercover area in time to race (5min), bearing in mind you are going off at **30 second intervals**.

The start is approximately halfway along the pit (Number15) lane wall where you will do either a standing or push start. When entering the track please check for other riders, count your laps from the finish point) ignoring the chicane (This is a wall on the track, you must stay to the left of this wall while racing).

Whilst racing we request that you favour the right-hand side of the track & only overtake to the left of a rider in front. All riders need to check it is clear to overtake. There are two left-hand corners (St Marys & down the Lavant Straight) where this could be an issue.

We have two marshals on motor bikes driving around the track, looking for lost riders.

At the end of your fourth lap (10 miles it's a good idea to have distance on your device) you will need to finish in the finish area, this is on the left-hand side of the track & you will have seen the black coned off

area on previous laps. Ride to the left & into this coned area to finish on the finish line, remembering to call out your race number. Finishing outside the coned area will not give you a finish time.

Once you have finished, please cool down, riding tight to the left-hand side of the track respecting the racing line. Now the complicated bit! At some stage we need you to go to the right-hand side in order to come off the track, **but PLEASE do this on the Lavant Straight before the Woodcote corner so you do not affect any other riders, remembering to look before you change sides.** At the chicane you must stay to the right of the wall & exit the track. (No extra laps please)

There are two Toilet blocks in the Paddock to your left & right when facing the Pit area. The HQ is the Paddock area there is no Village Hut or mugs of tea.

AT THE END OF THE EVENT (Time Trial)

PLEASE. Don't forget to Sign out and return your race number to Reception,

Turbo warm-ups are allowed but please respect other riders' car parking. **There will be access to the track prior to racing. Please do not leave the inner circuit through the arrival tunnel, if you wish to warm up on the road, then please use the access tunnel to the right of the signing on area.**

Spectators are requested to watch from the viewing area above the Pit Lane (Not in the Pit Lane). Coffee, Tea & Cake may be Purchased from the **"HORSEBOX"** on site (we have been assured it will be open but it may close before all riders return).

Next event at Goodwood in 2024

Thank you for your wonderful support this year.

Lastly, Enjoy your evening & thank you.

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